

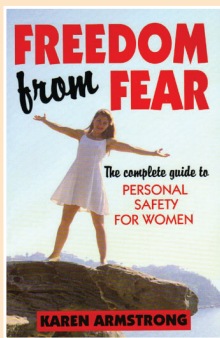


Specialist expertise

- Solving predatory behaviour
- Dealing professionally with aggressive behaviour
- Teaching violence prevention and personal safety skills
- Assessing Work Health & Safety (WHS) compliance



You were very tuned in to the audience and clearly knew what you were talking about.



AUTHOR
of three acclaimed books

- **Freedom from Fear** - The Complete Guide to Personal Safety for Women
- **Wing Chun Kung Fu** – An Effective and Logical Approach to Self Defence
- **The Authentic Wing Chun Weapons** – Butterfly Knives and Long Pole

WRITER, PRODUCER, DIRECTOR of award-winning DVD

Wing Chun Kung Fu (60 minutes)

Karen Armstrong is a dynamic speaker – keynotes, dinner speeches and plenary sessions. She has performed at a wide range of events, and has the presence to create a friendly, welcoming environment, as well as keeping the audience totally engaged.

Karen presents at business, government and community forums, with solutions for threatening and aggressive behaviour. These skills show managers and front line staff how to create a safe, harmonious workplace.

Through 25 years of research and teaching over 30,000 people, Karen has developed a ground-breaking method of assault prevention. Ongoing consultation with the Institute of Criminology keeps Karen's programs at the leading edge of crime prevention.

Her Safety Strategies presentations have achieved outstanding results in transport, local government, enforcement, health, community services and customer service. This training is recognised as the benchmark of quality and effectiveness in workplace violence prevention.



But there is one woman who I believe stands head and shoulders above most not just women, but men as well. Karen Armstrong, who at one time managed one of the largest martial art organisations in Australasia. Not only managed it but helped build it.

You can read more about Karen at <http://www.earleswingchun.com/women-in-wing-chun> ~ Kevin Earle (WinChun industry stateman)

Qualifications

- Vice President, Professional Speakers Australia, NSW Chapter 2015-2016
- Certificate IV in Training and Assessment TAE40110
- Business Management, Australian Institute of Management, Sydney, NSW
- First Class Honours Degree - Major in Philosophy, Flinders University, SA
- Bachelor of Arts Degree, Melbourne University, VIC
- Level 3, Wing Chun Kung Fu

