

Karen Armstrong

Speaker • Trainer • Author

Industry Experience



Karen Armstrong

Predatory Behaviour Specialist
Violence Prevention Expert
Personal Protection Instructor

Karen's specialist expertise shows businesses and managers how to protect their most valuable asset – their people.

Her presentations bring vitality and real audience engagement to conferences on:

- Customer Service
- Compliance and Enforcement
- Health and Community Services
- Human Resources
- Local Government
- Transport
- Work Health and Safety (WHS)



NSW Police Force

“ I continue to receive feedback from my staff about their improved confidence, awareness and prevention strategies whilst undertaking their crime scene investigations.

Lindsay Spence
Forensic Services Group, NSW Police



“ As well as covering the serious issues of personal safety and managing risk, your presentation was fun and energetic!

Conference Organiser
Connecting Rural Business Women



“ Karen Armstrong's Safety Awareness training has dramatically reduced the incidence of assaults, which in turn has resulted in a significant reduction in workers compensation claims.

Patricia Ryan, Divisional President
Rail Tram and Bus Industry Union



“ Relevant and well-presented, and compatible with Council's philosophy of service rather than enforcement. It has been of tremendous help in building a well-balanced, confident team.

Charles Watson
Manager Ranger Services
North Sydney Council



Karen is attentive to detail, spending time learning about the environments staff work in and exploring any incidents that may have occurred. Staff resoundingly stated it was the best personal safety presentation they had ever attended.

Teresa Harm, Community Services Manager, Macarthur Region

You will be shown useful, practical strategies that you can apply immediately in your professional life to improve the confidence, productivity and morale of your team. These skills show you how to prevent a range of impending disasters, from compensation claims through to resignations caused by unresolved workplace conflict and aggression.

Look forward to being inspired, informed, entertained and empowered!

Safety Strategies
protecting people since 1994

m 0408 615 559
e karen@karenarmstrong.com.au
w karenarmstrong.com.au
Watch Karen in action: karenarmstrong.com.au/keynote-speaker/

